



THE JOURNEY

eNewsletter

April 2009

LATEST NEWS

[Healthy Moms and Babes](#)

[St. Francis Seraph Church](#)

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Thank you to our partner agencies for continuing to share

Dear Dave,

Welcome to the April 2009 edition of *The Journey*, the monthly newsletter of the Everybody Rides Metro Foundation. Everybody Rides Metro exists to help social service agencies serve their clients. We take this opportunity to share with you the care and concern each agency provides to their community.

Please take a moment to forward this email on to anyone you think may be interested. Use the "forward email" link at the bottom of this email to send it on to others.

Healthy Moms and Babes



[Healthy Moms and Babes](#) is a Catholic outreach ministry serving all at-risk women of childbearing age, their children and families to achieve improved health, well-being and self-sufficiency. The agency was established in 1986 and continues to serve over 400 women and children monthly with its mobile and home visiting programs.

The mobile program includes two vans that travel to 14 neighborhood sites in the Greater Cincinnati area providing free and confidential services to identify and assist women and children with access to services and health

Continuing to share inspirational stories and photos. Some of those photographs appear in the video.

VISIT OUR WEB SITE



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On our web site, you will find lots of interesting and helpful information: get the latest news, calculate your carbon footprint, find out how our partner agencies are using bus tokens to help their clients get to much needed services.

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information. The main goals of the mobile program are the reduction of infant mortality and the enhancement of health and positive parenting. The nurses and social workers on the vans provide pregnancy screenings, referrals for medical care and social services. They also provide education regarding pregnancy, nutrition, infant growth and development, parenting, adolescent and women's health. All services are free and confidential and provided on a walk-in basis.

The home visiting program provides support and assistance to pregnant women and their children through the child's first 2-3 years of life. Focusing on the high-risk neighborhoods in Hamilton County, the home visitors strive to improve birth outcomes, and provide health, parenting and child development education. The home visitor provides direct assistance in securing medical care for pregnancy, transportation and companionship to medical and social service appointments, and education regarding the pregnancy including proper care of self, nutrition and infant development. In addition, the home visitors provide developmental screenings and fun learning activities to enhance the growth and development of children so children can start school healthy and ready to learn. Both the mobile and home visiting programs work with the women to help them achieve their goals toward self-sufficiency.



Many of the women are striving towards self-sufficiency, but often struggle with the transition from public assistance to relying on their own resources. One client applied for and got a job at the mall to start the very next day. She was excited, but didn't have enough money to get there for the first few days. She received 6 tokens for the next three days of training at her new job. Over the next month, her Home Visitor worked with her on budgeting and planning ahead for this expense. She has now been on the job over six months and has purchased a bus card every month. Everybody Rides Metro was able to help her get to the job and keep it.

Getting to those important prenatal appointments is another concern for Healthy Moms and Babes clients. Even though most are eligible for medical insurance there is often a delay in setting up transportation, so the bus tokens help bridge the gap. One young mother did not have a medical card yet and after submitting her application for Medicaid she was able to make a prenatal appointment but had no money and no other way to get there. Because of the Everybody Rides Metro program Healthy Moms and Babes was able to provide bus tokens for her first few prenatal

appointments before her insurance was approved. If she had not received the bus tokens, she would have missed those appointments, increasing her chances for a poor birth outcome.

"The bus tokens provided through Everybody Rides Metro have been a great help to many of our clients," said Kay Brogle, executive director. "They have increased our capacity to help mothers get to essential medical appointments, well check ups for their children, job interviews, employment, school and other social service appointments. We're grateful to Everybody Rides Metro and this valuable program."

St. Francis Seraph Church Ministries

The mission of the St. Francis Seraph Church Ministries is to assist those in need who live in the Over The Rhine Community, children in school and those who belong to the church.

The program began in August 1985 and has been supported by the Franciscan Providence and other individual donations. The program is open Monday, Wednesday and Friday from 8:30 until 11:30 a.m.

Fran Binninger has been managing the program for nearly fourteen years. She is happy that they can help with rent, utilities, food, and transportation, and they appreciate the help they get from Everybody Rides Metro.

Being a partner with Everybody Rides Metro helps her stretch her budget and provide a much needed service for many of the people they help. One young man wanted to get a job in College Hill. He is working part-time, Monday, Tuesday and Friday and needed transportation help until he received his first pay check. This program was able to give him tokens thanks to Everybody Rides Metro so he was able to get to work.

Want your agency to be featured here?

We would love to speak with you further about what your organization does and how Everybody Rides Metro helps you with your work. Please contact Rita Potts at 513-632-9246 or rpotts@go-metro.com to set up an interview.

**Thank you,
Everybody Rides Metro Foundation**

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